

Supported Livings' Carer's Support Group

You are invited to come and join the UnitingCare Disability, Supported Living Carer's group - a place for family members of people with disabilities to come and share together. We meet once a month, enjoy morning tea and keep up to date on current issues in disability. Carers who attend are welcomed to share their ideas for the group.

Where: The Carrington Centre (room next to Meals on Wheels)
2 Carrington Square, Campsie NSW 2194

When: 10:00am to 12:00 noon (please note we start a little earlier now at 10am)



Meeting dates:

February	17 th	Time to catch up and have some fun activities
March	17 th	Heidi will have lots of stories from Africa And how people with disabilities are supported there
April	21 st	Time to relax and have a massage
May	19 th	
June	16 th	
July	26 th	The Rest of the year is still being planned
August	18 th	
September	15 th	
October	20 th	Carers week activities
November	17 th	

This year we will once again provide something in the evening for carers unable to attend daytime sessions. More information will be sent closer to the date. If you require transport or respite to attend these sessions, please speak with your Supported Living worker. ***If you have any further questions, please do not hesitate to contact Supported Living on 8752 3777 and ask to speak with Sue Scott, Heidi Fleming or Millie Otapah.***